PCAN Nevada News & Highlights

Southern Nevada Summit on Children's Mental Health and Injury Prevention

Thursday, May 10 and Friday, May 11, 2018

This event will feature a variety of presentations focused on both children’s mental health in Nevada and the prevention of injuries related to the leading causes of death in children in our state.

The Summit is designed to meet a variety of needs and schedules so presentations are spaced over two days and attendees can register for the sessions that they are most interested in attending (morning or afternoon) or for all 4 sessions!

In addition, we are holding a reception the evening of Thursday May 10th, from 6pm-7:30pm to celebrate Children’s Mental Health Day! Youth, parents, providers, advocates are all encouraged to attend and have a community discussion on how to increase access to services. We will also announce the winner of the Clark County Youth Poster Contest - Stigma Makes Me Feel.

For more information click [here](#)!
Engaging youth in thinking of their social and emotional health is a wonderful way to help with self-determination skills. These skills are important for youth to learn as they transition into adulthood. The handout, *Tips to Promote Social-Emotional Health Among Teens*, provides tips and strategies for parents and youth on ways to build communication skills, connect with the community outside of home and school, and ways to look for support when needed. Read the handout in full to learn more about these tips and others.

*Adapted from: Nevada PEP*

---

**PCA America News & Highlights**

**Changes in the Structure of Healthy Families America (HFA)**

At the national level of HFA, we are pleased to announce that Kathleen Strader is now the new Senior Director of Operations for the Healthy Families Network and will be in charge of oversight for the whole program network. More information can be found [here](#), and if you have any questions please don’t hesitate to reach out.

**Research Review from Dr. Bart Klika**

We have another installment in the Research Review series from our Chief Research and Strategy Officer, Dr. Bart Klika. This month we will be doing a two-part series on social norms, and today’s initial installment is a brief and high-level overview of what social norms are and why social norms matter for our field. Later in the month we will have another review that goes deeper into how we have used the results of social norms research in our own work. *You can view and share Dr. Klika’s review using this link.*

---

**Family Activities and Events**

**Southern Nevada Family Events**

2018 Henderson Art Festival  
May 12, 2018 - May 13, 2018  
@ 9:00am - 4:00pm  
Henderson Events Plaza & Henderson Convention Center  
200 Water Street  
Henderson, NV 89015

---

**Northern Nevada Family Events**

2018 Reno Ukulele Festival  
May 2, 2018 - May 5, 2018  
@ 1:00pm - 11:00pm  
Peppermill Resort Spa  
2707 S Virginia Street  
Reno, NV 89502  
[More Information Here](#)
FIT4MOM Celebration of Moms 2018
May 12 @ 9:00am - 12:00pm
Downtown Summerlin
1980 Festival Plaza Dr
Las Vegas, NV 89135
More Information Here

Magnificent Memorial Day Celebration
Craft & Gift Show
May 27 @ 10:00am - 4:00pm
Veil Pavilion
3333 Blue Diamond Rd
Las Vegas, NV 89139
More Information Here

Mother's Day Tea Party: Health + Wellness Tea Workshop
May 13 @ 11:00am - 1:00pm
Pantry On Wells
1375 S Wells Avenue
Reno, NV 89502
More Information Here

Reno Lantern Festival
May 26 @ 4:00pm
Wild West Motorsports Park
12005 East I-80, Sparks, NV 89434
More Information Here

Want to be in the know for future family fun??
PCA Nevada has MORE family friendly events on our website!
Click here to view more events in your area!

MOTHER’S DAY CRAFT & ACTIVITY

PERSONALIZED DISH FOR MOM

Materials:
White ceramic plates/mugs (Dollar store), permanent markers

How to:
After kids draw their pictures, place plates in a cold oven and turn up heat up to 350 degrees. After about 40 minutes, turn off the oven and let the plates cool in the oven.
Add a muffin and a banana and this is the perfect plate for kids to present their Moms with breakfast in bed.

Heart Shaped Eggs and Toast

This adorable breakfast is easy to make and only requires a few ingredients. Include a side of fresh fruit for a breakfast Mom is sure to enjoy!

Ingredients:
2 eggs 2 slices of bread Heart Shaped Cookie cutter Baking Sheet Butter

Instructions:
Preheat oven to 200c
Use a cookie cutter to make a hole in slices of bread
Place both pieces of bread on a well greased/lined baking tray
Crack an egg into a a dish and carefully pour it into the hole in the bread
Make sure you get the yolk in first, you may not have room for all the white
Bake in the oven for approximately 10 mins until the egg is set and the toast...
5 Tips to Make Kids Safer

At home:

1. Teach your children their full names, address, and home telephone number.
   - Make sure they know your full name.

2. Teach your children how and when to use 911 and make sure your children have a trusted adult to call if they're scared or have an emergency.

3. Make sure your children know how to reach you at work or on your cell phone.

4. Instruct children to keep the door locked and not to open the door to talk to anyone when they are home alone.
   - Set rules with your children about having visitors over when you’re not home and how to answer the telephone.

5. Choose babysitters with care.
   - Obtain references from family, friends, and neighbors.


Updates on Children's Policies

Nevada Policy

Make sure you are Ready for the 2018 Election

Election time is right around the corner! Make sure you are prepared by registering to vote, marking the election dates on your calendar, and research your candidates to make sure child safety is a priority! Please see the resources below to get to know your candidates so you know where they stand on the issues that are important to you and your family.

Primary Election: June 12, 2018  General Election: November 6, 2018

https://nvsos.gov/sos/elections


National Policy
Child Abuse Prevention and Treatment Act (CAPTA) Funding, Fiscal Year 2018

On March 23, Congress finalized Fiscal Year 2018 spending levels, including an historic increase for CAPTA State Grants. The 60 million increase for CAPTA State Grants is part of a greater Congressional response to the current opioid crisis.

New funds can be spent in the following ways: **infant plans of safe care and technical assistance from HHS to states**. Read more about these updates [here](#).

---

**Prevent Child Abuse Nevada**  
Nevada Institute for Children’s Research & Policy  
University of Nevada, Las Vegas  
4505 S. Maryland Parkway,  
Box 453030  
Las Vegas, NV 89154-3030

Phone: **702.895.5053** Fax: **702.895.2657**  
Email: preventchildabusenevada@unlv.edu

**PCANV Resources**

Prevent Child Abuse Nevada has resources available for everyone!

Resources are available via our website. Contact us for more information or to request hard copies.

[www.preventchildabusenevada.org](http://www.preventchildabusenevada.org)