



Prevent Child Abuse Nevada™



January 2016 Newsletter

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PCANV News

Pinwheels for Prevention Planning Call

It's That Time Again!
Start Planning for April 2016:
National Child Abuse Prevention Month

Prevent Child Abuse Nevada will be hosting the first planning call of the year call to help support organizations to plan for their statewide Pinwheel events, **on Monday, January 12th at 1pm.**

Conference Dial-in Number: (641)715-3273
Host Access/Participant Code: 141093#



If you are interested in organizing a pinwheel event, and need pinwheels, please join us during this call. Also, you can visit our website to see our 2015 Pinwheels for Prevention Events: <http://www.preventchildabusenevada.org/>

Join Our Groups!



NICRP Newsletter



Quick Links

[Partner With Us](#)

[Volunteer](#)

[More On Us](#)

[Statewide Events Calendar](#)

Dates to Remember:

- Second Planning Call: February 9, 2016 at 1pm
- Final Planning Call: March 8, 2016 at 1pm
- Pinwheel Planting at the Nevada State Legislature: April 8, 2016 at 12pm
- Statewide Go BLUE! Day - April 8, 2016

Please join our efforts to raise awareness!!

PCANV Highlights

Task Force on the Prevention of Sexual Abuse of Children

Full Task Force Meeting:
January 13, 2016 11:30 AM

Call-in Option:
Number: 1-888-363-4735
Conference Code: 3463157

In-person videoconference locations available in **Las Vegas, Reno, and Carson City.**

For more information about videoconference locations or general info about the Task Force including minutes from previous meetings,

[Click Here](#)

For questions, contact us at csaptaskforce@unlv.edu or (702) 895-5053.

Save the Date!

Prevent Child Abuse Nevada is partnering with [Prevent Child Abuse Vermont](#) to provide a three-day train the trainer on **two** age-specific child sexual abuse prevention programs for children.

Care 4 Kids (Pre-k thru 2nd grade)
&
We Care Elementary (grades 3-5)

Go BLUE! T-Shirt Design Contest

****Congratulations to Jerry'on and Stephanie! ****

We are thankful for all the amazing submissions in the Go Blue! T-shirt design competition!

We received over 100 entries in this year's competition and it was difficult to pick a winner among all of the incredible pieces of art!



We are pleased to announce the winning design submitted by Jerry'on and Stephanie of Northern Nevada!



Look for your opportunity to purchase the Go Blue T-shirt with the winning design mid-January!

Fun Ideas for Families

**Family Activities
in Nevada**

are age appropriate programs aimed at equipping children with self protective factors, adding yet another buffer between the children of our communities and child sexual abuse.

Dates: May 10-12

Location: Las Vegas, NV

Cost: 345\$ for training

More information will be released in coming weeks.

PCA America Highlights

PCA America Named one of Consumer Reports' Best Charities for 2015



Congratulations to Prevent Child Abuse America for being named one of Consumer Reports' Best Charities to donate to in 2015 !

[Read the article here!](#)

Parenting Tips for 2016

5 Tips for Powering Up Your Parenting in the New Year

Kick the year off with some family fun time!

Here are some activities to do with the whole family...

Clark County

Activities:

[Free Live Mermaid Show](#)

[Crystal Palace Skating Center Host Super Family Night](#)

[Aliante Golf Club: Kids Play Free](#)

[Free Baby Gym at Gymcats](#)

[Circus Vargas presents ArleQuin](#)

[Opportunity Village Magical Forest](#)

[SkateCity Indoor Skate Park](#)

[Wetlands Park Weekend Walk](#)

[Las Vegas Jewish Film Festival](#)

[And MANY MORE....](#)



Northern Nevada Activities:

[The Staunch Tin Soldier](#)

[Annual New Year's Day Hike](#)

[Family Games Day @ Spanish Springs](#)

[Young Writers Workshop 3- January 4-6](#)

[Junk In The Trunk Antiques Show And Sale](#)

[Dancing With The Stars: Live!](#)

[7th Annual Ullr Fest at Diamond Peak](#)

[Youth Wildlife Conservation Experience in Reno](#)

Make a Time Capsule!



1. **Listen to your kids:** Sounds obvious, even ridiculous, doesn't it? There is a reason we are given one mouth and two ears.
[Read more.](#)
2. **Count to 10:** Before you respond to anything that is beyond the mundane with your child, pause. Do not react; do not say anything -- no threats, no judgments, no punishments. Just wait. [Read more.](#)
3. **Beware of hollow threats:** Parents come up with the wildest threats when they are trying to get a child to do or not do something. [Read more.](#)
4. **Stay the course:** When it comes to getting what they want, kids will go to all ends, and they have incredible tenacity. [Read more.](#)
5. **Be good to yourself:** Much like the "Oxygen Mask Rule" on an airplane, a parent who takes care of herself will be a better parent. [Read more.](#)

[From The Huffington Post](#)

3 Ways to Get Your Family Back on Track

You will need:

- A used large snack tub
- Paint
- PVA (white) glue
- Decorations (sequins, ribbons, lace etc)

First: Rinse out your snack tub. When the tub is dry, paint it. Tip: Mix a small amount of glue into the paint to help preserve it.



Second: When the paint is dry, paint the tub with a layer of PVA glue. Stick on your decorations. We used shiny numbers to add the date and sequin stars to embellish.

Third: Now you can either fill your tub with precious mementos from now (photos etc) or you can keep it open and add to it through out the year (tickets, certificates etc) before putting it away safely to be opened in the future.

Have Fun!!!

Craft tips and pictures taken from: <http://www.activityvillage.co.uk/make-a-time-capsule>

Policy Updates

National and Local Policy

Capital View on Kids:

The latest news on children and families from Washington D.C.

[Click Here to View the Full Bill](#)
[Or a Summary Here](#)

ESEA Update:

After the Holidays



1. **Get Organized:**

After all the gifts have been opened, the challenge always seems to be where to put everything. Things have come in, but nothing has gone out.

[Read more.](#)

2. **Take Care of Our Bodies and Our Budget:**

No more junk food! I feel like the holidays is a license to eat terribly. Between holiday parties and quick dinners out, eating at home can be difficult. [Read more.](#)

3. **Being Creative with "Yes":**

Right after the holidays, my kids are still on that high of a flurry of activity and me saying "yes" to just about everything we are reasonably able to do. [Read more.](#)

[From Wishing Well](#)

On December 9, 2015 the U.S. Senate passed the Every Student Succeeds Act (ESSA), which reauthorizes the Elementary and Secondary Education Act (ESEA) for the first time since 2001 by a large bipartisan margin, 85 to 12. The measure passed the House at the beginning of last December, 359-64, and was then signed by the President.

In the upcoming months, we will have more understanding on how we can use the different ESEA provisions in our state to help promote positive school climates, increase mental health supports, and take other measures to prevent violence and mitigate the effects of trauma on youth.

Stay tuned for more!



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PCA NV Resources



Prevent Child Abuse Nevada has

resources available to parents,
educators and our partners.

These resources are available
digitally via our website at
www.preventchildabusnevada.org

For more information or to request
hard copies (subject to availability)
you may contact us at 702-895-5053
or by emailing us at
preventchildabusnevada@unlv.edu.