November Newsletter

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PCANV News & Highlights

Go BLUE T-Shirt Contest for Youth!

One Winner Will Receive:
- Their design printed on t-shirts worn throughout the state on Go BLUE weekend April 7-9, 2017 and throughout the entire month
- A t-shirt of their own, a prize valued at $50.00, and statewide recognition!

Read the Flyer for rules and submission details (English/Spanish)

*All submissions due by Friday, December 15th, 2016*

Biannual Statewide Meeting! Join Us!

An Introduction to the Amazing Brain Series
December 7, 2016 11:00am
Webinar details coming soon.
The Amazing Brain Series was developed by Linda Chamberlain and is owned by the Health Federation of Philadelphia. It has been reformatted for Prevent Child Abuse America with their permission.

PCA America Highlights - National Conference!

PCANV was very fortunate this year and was able to send some staff members to the National Conference for America’s Children in Cincinnati, Ohio hosted by Prevent Child Abuse America! They were able to learn some valuable skills and brought back many resources to share with the state!

*Check out this great video below* for kids, with Elmo, Colbie Caillat, and Common, who recommend a calming breath for when your *inner monster* is coming out!

![Video](image)

Fun Ideas for Families

**Thankful Place-mats**

The weekend before Thanksgiving (or anytime really!), have kids create collages of all the things they’re thankful for on sheets of construction paper. Let them use photos, magazines, whatever they’d like, then laminate their masterpieces at a copy store and use them as place mats during Thanksgiving!

What a fun idea!

**Family Holiday Food Drives**

Want to help a family enjoy a holiday dinner or volunteer your time to help a family in need? Does your family need holiday assistance?

**Southern Nevada:**
- Help of Southern Nevada - Holiday Programs
- The Salvation Army - Holiday Programs

**Northern Nevada:**
- Food Bank of Northern Nevada
- Catholic Charities of Northern Nevada

**Veteran’s Day: November 11th**

Veteran’s Day offers one of the best opportunities to teach kids about the concepts of hope, sacrifice, and courage. While November 11th gives kids a much-appreciated day off from school, it can
also be a day to do something special for the men and women who have bravely served our country and the many more to come.

Find some Veteran's Day activities here to share with your kids to show your support on Veteran's Day!

Kid Safety Tips for Parents!

Let Them Choose, This Holiday Season

Holidays can be fun but they can also be stressful for children. Reinforce your child's right to choose who and when they hug or kiss and that no means no - even during a harmless game of tickling or horseplay. Take the time to remind your children that their body safety rules apply to family and close friends.

◆ Don't forget the importance of supervision during gatherings, isolation can occur with others in close proximity.
◆ It may seem awkward, but it's important to find a way to talk about your child's body safety rules.
◆ Invite family to be one of their 5 safety circle members - people your child knows they can talk to if they ever have a problem of question.
◆ The more people that know and support your child's rights, the more protected your child will be.
◆ Lastly, don't exclude other children from knowing these rules - as much as 40% of abuse is perpetrated by minors.

Be a voice for body safety - kids will thank you!

*Adapted from themamabeareffect.org

Policy Updates

Local Policy

General Election is on November 8, 2016! Make sure your voice is heard!

You can vote early until November 4th! Click here to find where you can vote early!

Find all the information important for Nevadans regarding the general election and local legislation
Get out and vote today!
Vote on behalf of children and families as they are our nation's future!
Nevada's children thank you!

National Policy

The U.S. Department of Education (ED) issued non-regulatory guidance for early learning in the Every Student Succeeds Act (ESSA). The new law, enacted December 10, 2015, explicitly elevates early learning throughout. The Department’s guidance describes in greater detail what states and local educational agencies (LEAs) can do to leverage the allowable uses in order to expand opportunities to support America’s youngest learners. There are a number of new inclusions in the law recognizing that learning begins prior to kindergarten and to help offset the sometimes sad reality that a zip code can dictate a child’s chance for success in school and life.

SAVE THE DATE!
June 8, 2017
2017 Annual Nevada State Child Abuse Prevention and Safety Conference
Henderson Convention Center
Sponsorship Opportunities - CLICK HERE

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PCANV Resources
Prevent Child Abuse Nevada has resources available for everyone.
Resources are available via our website. Contact us for more information or to request hard copies.
www.preventchildabusenevada.org