



Prevent Child Abuse Nevada™

November 2017 Newsletter

Happy THANKSGIVING

*Be our friend on
Social Media!*



QUICK LINKS:

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[Statewide Resource Map](#)
[Free Community Trainings](#)
[Statewide Events Calendar](#)
[PCA America](#)

PCA Nevada News & Highlights



SAFE KIDS THRIVING FAMILIES

I AM 5.
MY BODY IS MY BODY.
DON'T FORCE ME TO
KISS OR HUG.
I AM LEARNING ABOUT
CONSENT AND YOUR SUPPORT
ON THIS WILL HELP ME KEEP
MYSELF SAFE FOR
THE REST OF MY LIFE.

Let Them Choose How They Show Affection This Holiday Season

Holidays can be fun but they can also be stressful for children. Reinforce your child's right to choose who and when they hug or kiss and that no means no - even during a harmless game of tickling or horseplay. Take the time to remind your children that their body safety rules apply to family and close friends.

- Don't forget the importance of supervision during gatherings, isolation can occur with others in close proximity.
- It may seem awkward, but it's important to find a way to talk about your child's body safety rules.
- Invite family to be one of their 5 safety circle members - people your child knows they can talk to if they ever have a problem or question.
- The more people that know and support your child's rights, the more protected your child will be.

- Lastly, don't exclude other children from knowing these rules - as much as 40% of abuse is perpetrated by minors.

Be a voice for body safety - kids will thank you!

**Adapted from themamabeareffect.org*

Task Force on the Prevention of Sexual Abuse of Children Meeting



The next meeting will be **Monday November 6th at 10am.**
Meeting Locations are as follows:

Northern Nevada

4150 Technology Way,
Room 301
Carson City, NV 89706

Southern Nevada

4220 S Maryland Pkwy
Large Conference Room
Las Vegas, NV 89119

By Conference Call

Dial: 641-715-3273
Use Access Code: 141093

Thank you all for your hard work and we look forward to reconnecting soon.

December PCANV Biannual Call

December 7, 2017 at 1PM

Joanne Klevens joins us from the Center for Disease Control to speak about how the CDC's Technical Package on the Prevention of Child Maltreatment takes ACEs Upstream on December 7, 2017 at 1PM.

Join the Biannual Call from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/717100981>

You can also dial in using your phone.

United States: [+1 \(872\) 240-3212](tel:+18722403212)

Access Code: 717-100-981

First GoToMeeting? Let's do a quick system check: <https://link.gotomeeting.com/system-check>



PCANV Reminders!

- We are collecting entries for our T- Shirt Contest. For more information please click [here](#).
- We are also collecting pinwheel orders for Pinwheels for Prevention 2018. Please click [here](#) to fill out the survey if you would like to participate.

PCA America News and Highlights



2017 Executive Director Annual Meeting

This year's conference took place in New Orleans. PCAA's workgroup planned an exciting agenda for attendees including guest speakers, chapter priorities and presentations. Chapters from all over the US got to network and share prevention efforts in their state. In addition, the National Office hosted a 45th Anniversary Celebration at the end of the first day.

Family Activities and Events



Southern Nevada **Family Events**

Life in Death Festival; The Day of
the Dead
November 1-2nd @ 5pm
Winchester Cultural Center
3130 McLeod Dr
Las Vegas, NV 89121

Northern Nevada **Family Events**

Veterans Day Parade
November 11 @ 11:20am
Virginia Street Bridge at 1st Street
Reno, NV

[More Information Here](#)

[More Information Here](#)

Aviation Nation Open House Air Show

November 11th, 12th @9am

[Las Vegas Motor Speedway](#)

7000 Las Vegas Blvd N.

Las Vegas, NV, 89115

[More Information Here](#)

Black Mountain Craft Fair

November 25th @7am

[Black Mountain Recreation Center](#)

599 Greenway Rd. (at Horizon)

Henderson, NV 89015

[More Information Here](#)

LEGO® Night - Vegetables

November 14 @ 3:30pm

[Duncan/Traner Community Library](#)

1650 Carville Dr

Reno, NV 89512

[More Information Here](#)

Family Story Time and Stay n Play

November 26 @ 11:30am

[Downtown Reno Library](#)

301 S Center St,

Reno, NV 89501

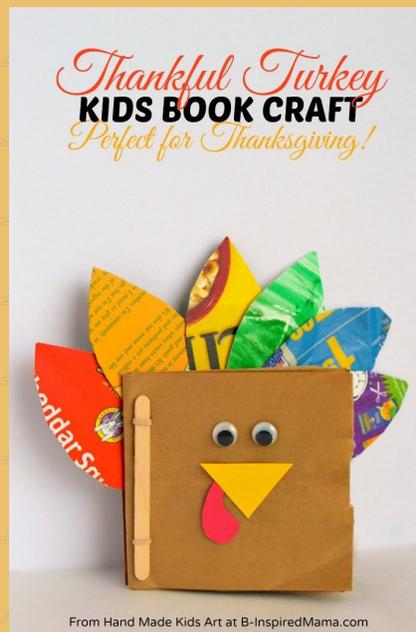
[More Information Here](#)

Want to be in the know for future family fun??

PCA Nevada has **MORE** family friendly events on our website!

[Click here to view more events in your area!](#)

Thankful Book



Thanksgiving is a fun time to create and craft together as a *family*. A thankful turkey book would be a great family keepsake to look back on each year. Add photographs of your Thanksgiving day meal or photos of your family Thanksgiving traditions to record your favorite memories.

Materials:

- 3 brown paper lunch bags
- hole punch
- rubberband
- craft stick or twig
- brown, red, and yellow construction paper or brown, red, and yellow colored white paper
- brown card stock
- googly eyes
- glue
- scissors

Steps (cont.):

Step 3: Create the turkey face. Cut a yellow triangle for the beak. From the red construction paper cut the turkey's wattle. Add googly eyes.

Step 4: Create the tail feathers by cutting a feather shape from recycled paper or magazine pages.

Step 5: Glue the tail feathers to to the back

- recycled paper or magazine pages

Steps:

Step 1: Fold each brown lunch bag in half. Punch two holes along the folded edge of the bags.

Step 2: From the back, insert the rubber band through each hole. Insert a craft stick through one loop of the rubber band and then through the other loop.

of the last page of the book. Cut a piece of brown cardstock paper a little bit larger than the size of the book to cover the back of the tail feathers and help support them.

Step 6: Illustrate your book. Add drawing and writing to the inside pages of the book. *Write about what you are thankful for or tell your own turkey story!*

Thanksgiving Jokes for Kids



Q. What should you wear to Thanksgiving dinner? A. A har-vest!

Q. What always comes at the end of Thanksgiving? A. The letter "g"!

Q. What's the most musical part of a turkey? A. The drumstick!

Q. If April showers bring May flowers, what do May flowers bring? A. Pilgrims!

Q. Why did the turkey cross the road twice? A. To prove he wasn't chicken!

Tips for Parents!



5 TIPS FOR A SAFE AND HAPPY THANKSGIVING

- **In the car:** If you're like me, colder weather means lots of layers of clothing. But remember, bulky winter clothes and coats can keep a car seat from doing its job. Instead, cover your child with a thick blanket to stay warm after you've securely strapped him or her into the car seat.
- **In the kitchen:** At Thanksgiving, things are guaranteed to get a little busy. To help

keep hot food out of the reach of little hands, be sure that pot handles and other dishes aren't close to the edge of the counter or table where they could be pulled down by curious kids.

- **By the *fireplace*:** If there's a fireplace in the home, be sure to check that it's protected by a sturdy screen – and remember that glass screens can take a while to cool down even after the fire has gone out.
- **Wherever the *medicine* is stored:** Kids get into medication in all sorts of places, like in purses and nightstands. In fact, in 67 percent of medicine-related ER visits, the medicine was within reach of a child, such as in a purse, left on a counter or dresser, or found on the ground. A good rule of thumb: "Up, up and away." Keep medications out of reach and out of sight.
- **In the room *where you sleep*:** For many of us, holiday travel means we'll be spending the night away from home. While you might be fine sleeping on the couch or an air mattress, make sure your baby always sleeps in a safe crib, bassinet or pack-n-play.

Now, have a safe and happy Thanksgiving!
[To read the whole article click here](#)

Updates on Nevada Children's Policies

Nevada Policy

On September 12 the State Board of Education passed the revisions to the health standards at the meeting!



For the next steps feel free to attend our Child Sexual Abuse Prevention Task Force Meeting. The next meeting will be Monday November 6th at 10am.

Please see details on how to attend above in PCA Nevada News & Highlights section.

Please see the passed revisions [here](#)

National Policy

**Eight PCA Chapters
Received Grant Funding
Through Partnership**

We want to congratulate our fellow Prevent Child Abuse chapters who received grant funding through PCAA's national office in partnership with the national Home Visiting Coalition to conduct MIECHV advocacy work this year. The 8 chapters that received funding were: **PCA Indiana, PCA Iowa, PCA Michigan, PCA Nebraska, PCA New Jersey, PCA New York, PCA South Carolina and PCA Texas.**



To highlight some of the work the chapters did, they developed state outreach plans and specific advocacy strategies. These strategies vary by state but include circulating state sign-on letters of support, securing op-eds in local newspapers, drafting talking points for advocates use, social media content and other materials. All chapters organized meetings with public officials and their staff, and engaged in communications efforts to cultivate support among key stakeholders and policymakers.

**Prevent Child Abuse Nevada
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PCANV Resources

Prevent Child Abuse Nevada has resources available for everyone!

Resources are available via our website. Contact us for more information or to request hard copies.

www.preventchildabusenevada.org

Visit our website