COMMUNITY TRAININGS

We are proud to offer a variety of FREE trainings for parents, youth, organizations and the general community.

- Our trainings help Nevadans to identify and implement strategies to support the well-being of children in our communities. Some topics include recognizing and reporting child maltreatment, child sexual abuse prevention, selecting safe caregivers for children, the effects of stress on children's brain development, and tactics to build healthy families and communities.

- All presentations can be customized to the needs of the audience.

- Full descriptions of our trainings can be found on the back of this flyer.

Email or call us for more information and to schedule a presentation. Many of our presentations are available in English and Spanish.

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The Mission of PCA NV is to ensure that Nevada's children thrive in safe, stable, and nurturing environments and relationships. Through providing education, advocacy, and awareness, PCA NV aims to inspire communities to prevent all forms of child maltreatment.

PREVENTCHILDABUSENEVADA.ORG
OUR TRAININGS

Most of our trainings are one hour long and are targeted toward parents, community members and professionals who work with youth. However, all materials can be geared towards any audience.

RECOGNIZING & REPORTING CHILD MALTREATMENT:
Child abuse and neglect is not selective. It exists in all segments of our society. This training will teach individuals how to recognize characteristics of abused and neglected children and characteristics of abusive parents, defining who is a mandated reporter, and identifying steps involved in reporting suspected child abuse and neglect, and finally community-based resources for families and caregivers.

CHOOSE YOUR PARTNER CAREFULLY:
Everybody understands there are times when you have to leave your child with another person. Children rely on their parents to find a caring caregiver. It’s hard to imagine someone you love or trust could ever hurt your child, but it happens. Many children are harmed each year by adults who just don’t know how to take care of a child especially when the child is crying or being difficult. The purpose of this course is to provide information on how to carefully select safe caregivers for children including identifying warning signs and behaviors in potential significant others, babysitters, or other individuals that may care for children.

CHILD SEXUAL ABUSE PREVENTION:
Enough Abuse! Educational curricula provide strategies for adults and communities to take primary responsibility for preventing child sexual abuse. This presentation addresses adult-perpetrated sexual abuse and sexual behaviors of children that are inappropriate, coercive, or abusive. Presentations and high quality materials are geared towards specific audiences, including general community, parents, professionals who work in organizations serving youth, medical and mental health providers.

TOxic STRESS & Child DEVELOPMENT:
A child’s earliest years are the most crucial for brain development. Living in stressful environments can negatively affect a child’s emotional, social, and physical development. Through this training, attendees will be provided with a brief overview of how stress can affect brain development, relevant information about community resources, and be reminded on how to identify potentially unsafe children and the steps to take when a suspicion arises.

HEALTHY FAMILIES, HEALTHY COMMUNITIES:
This class, appropriate for all types of community organizations, focuses on tactics for building strong family foundations and community connections, enabling communities to prevent neglect and abuse through forming interconnected support systems.

WORKING WITH PARENTS IN CULTURALLY COMPETENT WAYS:
Cultural competence is the ability to work respectfully with families and their cultural preferences, and to adapt standard practices to increase family responsiveness. This session is designed to provide participants with a brief overview of the relationship between culture and various parental functions to become more proficient at recognizing important cultural factors in parents, families, or in group, understanding how culture influences parental functions, and learning strategies to address cultural issues during parent interventions.

ADVOCATING FOR CHILDREN AND FAMILIES:
Training provides information on Nevada’s legislative process, how to communicate with legislators, and how to get involved in community advocacy effort.

For Youth

CARE FOR KIDS (Pre-k- 2nd grade)
Duration: 3 hours. Care for Kids is a fun, health-based curriculum for children from 3-8 years old. The curriculum contains 6 units that teaches and reinforces 2 to 4 simple, age-appropriate messages about the body, emotions and asking for help via a circle time, a song, a book, and an activity or craft. This well-researched curriculum also includes a component that helps adults understand the link between healthy sexual education and child sexual abuse prevention. This presentation can be given assembly style or in smaller classroom groups.

WE DESERVE TO BE SAFE! (K-5th grade)
Duration: 30-60 minutes. This presentation addresses personal safety (including physical and mental safety) and bullying. Components of physical safety include appropriate personal space/boundaries and physical abuse. Components of mental safety include appropriate communication with peers and adults, and neglect. The definition, consequences, and reasons for bullying behaviors are also addressed in this presentation. Information includes appropriate reactions to victimization and/or witnessing bullying behaviors, including reporting incidences. The program closes with the value of kindness. This presentation can be given assembly style or in smaller classroom groups.

WE CARE ELEMENTARY (3rd-6th grade)
Duration: 6 hours. We Care Elementary is a developmentally targeted sexual abuse prevention program created for elementary school communities that focuses on building children’s protective factors and understanding healthy relationships through multimodal, highly experiential lessons. This training also has a component that emphasizes skill building in the adult community through training opportunities and informational articles.

EXPECT RESPECT (7th-12th grade)
Duration: 8 hours. The Expect Respect program consists of eight one-hour sessions that focus on reducing risk factors for violence and promoting protective factors for healthy relationships. Topics include: preventing teen violence with a focus on bullying and sexual harassment, skills to develop healthy relationships, how to be respectful and positive, and leadership development.