

# NICRP



## In This Issue

[NICRP Welcomes Erick](#)

[Lopez!](#)

[2019 Children's Week](#)  
[at the Legislature](#)

[Order your 2019](#)  
[Pinwheel T-Shirt](#)

[NV Early Childhood](#)  
[Obesity Prevention](#)

**Join Our Groups!**



**NICRP Newsletter**

[Join Our Mailing List!](#)

**Save the Date: 18th  
Annual NV Child  
Abuse Prevention &  
Safety Conference**

## NICRP Spring Newsletter

February 2019

Dear Friends,

Welcome to the Spring 2019 issue of the NICRP Newsletter! We have an exciting year ahead of us - and we're working on over 15 community projects.



Below are just a few of the current projects that we are working on and encourage you to visit our [website](#) to learn more about our projects and review our most recent reports!

Current Projects:

- Nevada Childhood Lead Poisoning Prevention Program
- Kindergarten Health Survey - Year 11
- Strong Start Parent Ambassador Training Program
- SOS In Schools Evaluation

Sincerely,

Handwritten signature of Tara D. Phebus.

Tara Phebus, MA

**June 6, 2019  
8:30am-5:00pm  
Henderson  
Convention Center**

We are excited to announce Nevada's 18th Annual Child Abuse Prevention and Safety Conference, focused on *Taking Resilience to the Next Level!*



Come learn about practical approaches to build resiliency and strengthen the families and communities we serve. You will also have the opportunity to hear the best practices from many experts, earn up to seven CEU'S, and make new friends with the shared mission of preventing child maltreatment in Nevada.

Updates on keynote speakers and sessions will be available at the [PCANV website](#).

### **CCCMHC Youth Poster Contest!**

The Clark County Children's Mental Health Consortium (CCCMHC) is hosting a youth poster contest! Please encourage Clark County youth aged 17 and under to participate. Please see contest details below:

This year's theme focuses on teaching students how to identify signs of depression and suicide in themselves and their peers through the ACT technique:

**A** knowledge  
**C**are  
**T**ell a Trusted Adult

Executive Director, NICRP

## **Join Us in Carson City for Children's Week!**



The Nevada Institute for Children's Research and Policy and the Children's Advocacy Alliance are again hosting Children's Week at the Nevada Legislature. Join us for the final day of Children's Week -today, **March 14th** - in making children's issues a priority during the 2019 Nevada Legislative Session. This week includes events designed to educate policy makers about the issues affecting children and families in the state of Nevada.

For more details please visit the Children's Week website!

### ***Check Out Our Website!***

***To view the full Children's Health Day Schedule***

## **2019 Pinwheel T-shirts are Now Available!**

To help celebrate every child's right to a safe, healthy, and happy childhood, purchase a t-shirt and help us turn Nevada BLUE on April 5th to raise awareness for child abuse prevention. Also, a portion of the proceeds from your purchase will help support Prevent Child Abuse Nevada!

**Congratulations to Janelle from Bailey Middle School in Clark County, NV for drawing the winning t-shirt design!**



***Order your shirt by MARCH 17TH to help Nevada GO BLUE in April!***

# NV Early Childhood Obesity Prevention Plan



For more information, visit the CCCMHC website by clicking the link below!

**[CCCMHC Website!](#)**

## 2019 Children's Policy Forum

Thanks to United Way for sponsoring and hosting the 2019 Children's Policy Forum, where community organizations and advocates came together to learn about upcoming legislation and discuss policy priorities for the next legislative session.



## NICRP Welcomes our Newest Staff Member: Erick Lopez!



Erick is excited to serve as the Southern Nevada Outreach Coordinator for the Nevada Childhood Lead Poisoning Prevention Program. He is a PhD Candidate in the UNLV Department of Sociology. Driven by

Many of Nevada's children are struggling with forming healthy habits. In Nevada, over 30% of children entering kindergarten in 2017 were considered overweight or obese. The percentage of obese youth in Nevada has been steadily climbing amongst some of our most vulnerable populations. According to the Center for Disease and Control, "Children with obesity are at higher risk for having other chronic health conditions and diseases that impact physical health, such as asthma, sleep apnea, bone and joint problems, type 2 diabetes, and risk factors for heart disease."

NICRP is part of the Nevada State Early Childhood Obesity Prevention Committee which is working to combat the ever-growing numbers of overweight and obesity in young children ages 0 to 8. Led by the State's Division of Chronic Disease Prevention and Health Promotion, the committee is a coalition of individuals and organizations from across the state of Nevada who are committed to reducing rates of childhood obesity by promoting education and outreach, providing supports to early childhood providers and ensuring that appropriate resources are available to assist children and families in making healthy choices.

The committee has developed the State Plan for Early Childhood Obesity Prevention, focusing on strategies that our community can use to help create a healthy start for our children. As parents, early childhood providers, health care providers and community members, we have a large impact on the health of our children. It is important, as a community, that we ALL understand the ways in which we can help children develop healthy lifestyles and become healthy adults. To learn more about the State Plan and resources for Early Childhood Obesity Prevention, please visit [www.StrongStartNevada.org](http://www.StrongStartNevada.org) and <https://www.unce.unr.edu/HealthyKids/default.aspx>.



## Nevada Institute for Children's Research & Policy

**Phone: 702-895-1040**  
**Fax: (702) 895-2657**  
**Email: [nicrp@unlv.edu](mailto:nicrp@unlv.edu)**

**Website: <https://nic.unlv.edu>**

scholarly and personal interests, Erick seeks to reduce race- and class-based health disparities in the U.S. through research that identifies the nuanced mechanisms that link social factors with health outcomes. Erick is committed to improving our community through research and action.