

December 2017 Newsletter



Be our friend on Social Media!







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PCA Nevada News & Highlights



December PCANV Biannual Call

December 7, 2017 at 1PM

Joanne Klevens joins us from the Center for Disease Control to

speak about how the CDC's Technical Package on the Prevention of Child Maltreatment takes ACEs Upstream on December 7, 2017 at 1PM.

Join the Biannual Call from your computer, tablet or smartphone. https://global.gotomeeting.com/join/717100981

You can also dial in using your phone.
United States: +1 (872) 240-3212

Access Code: 717-100-981

First GoToMeeting? Let's do a quick system check: https://link.gotomeeting.com/system-check

PCANV Reminders!

We are collecting entries for our T- Shirt Contest. For more information please click **here**.

Deadline is December 22nd.

We are also collecting surveys for <u>Pinwheels for Prevention 2018.</u>Please click <u>here</u> to order your pinwheels.

Deadline is December 1st.

PCA America News and Highlights

In Gratitude: The Vision of Dr. Linda Garrity

Dr. Linda Garrity was born in Illinois to parents who had come from overseas to build a better future for their family in America. After receiving her Ph.D. in 1973, Dr. Garrity spent her professional career helping other families get off to a better start, just like her parents had done for her.

While working at a mental health facility in Madison, WI Dr. Garrity developed the Primary Prevention Project, a program focused on providing support to parents of newborns by teaching them the importance of positive early bonding. This is a perfect example of the kind of vision that drove Dr. Garrity to invest in prevention when few others were and has helped shape the future that we live in today.



Dr. Garrity passed away surrounded by friends and loved ones in April. But Dr. Garrity wanted to continue impacting the futures of American children, just as she had done for her entire career. Before she passed, Dr. Garrity left an enormous bequest to our organization in the hope that we would continue to focus on primary prevention in an effort to improve the lives of children and families across the United States.

Family Activities and Events



Southern Nevada Family Events

Las Vegas Great Santa Run December 2nd @ 8:30am Downtown Las Vegas More Information Here

It Sounds Like Christmas!

December 10th @ 3:30pm

Mesquite Community Theater

150 N. Yucca St.

Mesquite, NV 89027

More Information Here

Civil War Experience at Spring
Mountain Ranch State Park
December 30th @ 10am
Spring Mountain Ranch State Park
More Information Here

24th Annual Holiday Cactus Garden Now till January 1 @ Sundown 2 Cactus Garden Drive, Henderson, NV 89014 More Information Here

Opportunity Village Magical Forest Now-December 31st @ 5:30pm 6300 West Oakey Blvd. Las Vegas, NV 89146 More Information Here



Northern Nevada Family Events

WinterFest Reno
December 1st @ 10am
Greater Nevada Field
250 Evans Ave
Reno NV 89501
More Information Here

Family Skate Night at the Igloo

December 15 @ 5pm

Igloo Rec Center

1515 Silver Street. Elko, NV More Information Here

Reno Santa Dash
December 16 @ 11am
Wingfield Park
2 S Arlington Ave
Reno, NV 89501
More Information Here

Want to be in the know for future family fun??

PCA Nevada has **MORE** family friendly events on our website!

<u>Click here to view more events in your area!</u>

Homemade Snow Globes

Materials:

- small glass jar
- a plastic figurine
- glycerin (optional: while it's not necessary, it

- makes the glitter float better)
- glitter
- water
- glue (we used a hot glue gun, but superglue should work too)

Instructions:

- Decide what you would like to put in your snow globe. We used a plastic frog that came out of a Kinder Egg.
- 2. **Glue**, **place**, **and stick** your plastic figurine to the inside of the jar lid.
- 3. **Fill your jar with water** and/or glycerin and add glitter—1-2 teaspoons.
- Screw the lid on the jar glue it if you're concerned about your child trying to open it.



That's it! Shake your jar or tip it upside down to make it snow!

Tips for Parents!



7 Family Time and Learning Tips for the Holidays

- Create a Budget Encourage your kids to write a list of the people they want to buy gifts for.
 Then have them allocate a certain amount for each person on their list. While shopping for gifts,
 help your kids keep track of spending and their remaining budget.
- Cook Together Include your children in meal prep and baking for holiday gatherings. It's a
 great way to have fun and teach kids about cooking and nutrition. While you're cooking, you can
 practice math and reading skills—and demonstrate cool science concepts through various cooking
 techniques.
- Make Holiday Greeting Cards and Gifts Have your kids write holiday cards or letters to family and friends. It's a great opportunity for children to practice their handwriting, as well as their grammar, spelling and creative writing skills. Also, making gifts at home is a way to encourage creativity.
- 4. **Explore Your City** When you feel a bit of cabin fever, plan a family outing. Many local parks and zoos feature light displays and other festivities to celebrate the season. You can also visit a local museum and historic sites, or see a play at a local theater.
- Play Games Playing board and trivia games during holiday get-togethers is a good way to
 enjoy quality time together. Look for ideas online. There are a variety of games—for all ages—that
 are fun and educational as well.
- 6. **Enjoy the Great Outdoors** Play with your kids in the backyard or at a local park. If it snows, build a snowman or hit the slopes! You can find fun outdoor games that promote physical activity.
- And Read Every Day Take your kids to the local library and borrow books to read over the
 winter break. And spend time reading together—it helps children develop their literacy skills and
 excel academically.

To read the article click here

Policy Updates

Nevada Policy

2017-2018 Interim Committee Information

Legislative Committee on Child Welfare and Juvenile Justice The Legislative Committee on Child Welfare and Juvenile Justice reviews and evaluates issues relating to the provision of child welfare services and juvenile justice in the State and recommends legislation concerning child welfare and juvenile justice to the Legislature.



The Committee consists of three members from the Senate and three members from the Assembly, appointed by the Legislative Commission. The committee members include:

- Assemblywoman Daniele Monroe-Moreno, Chair
- Senator Patricia Farley, Vice Chair
- Senator Pete Goicoechea
- Senator Tick Segerblom
- Assemblyman Ozzie Fumo
- Assemblyman John Hambrick

Meeting dates and times have not yet been set.

Updates on this committee, and other interim committee can be found at:

https://www.leg.state.nv.us/App/InterimCommittee/REL/Interim2017/Committee/1 413

National Policy

Progress on Bill to Protect Olympic Athletes from Sexual Abuse

Congress is getting closer to enacting S 534, the Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act of 2017. The legislation has been the subject of ongoing discussion and negotiation.

The reports of sexual abuse at Olympic facilities by officials have continued to come



out, most recently on Friday, November 10 and in a new edition of the television news program 60 Minutes on Sunday, November 12.

The bipartisan legislation would create new responsibilities within these Olympic training facilities through greater accountability of the national governing body that oversees the development, training and participation of Olympic athletes. The legislation would require certain child abuse reporting responsibilities for personnel and protections for athletes, and legal action for past victims of child abuse.

The Senate bill has the cosponsorship of Senator Thune (R-SD), Senator Nelson (D-FL), Senator Collins (R-ME), Senator Donnelly (R-IN) and Senator Young (R-IN).

Prevent Child Abuse Nevada Nevada Institute for Children's Research & Policy

University of Nevada, Las Vegas 4505 S. Maryland Parkway, Box 453030

Las Vegas, NV 89154-3030

Phone: <u>702.895.5053</u> Fax: <u>702.895.265</u>

<u>7</u> Email:

preventchildabusenevada@unlv.edu

PCANV Resources

Prevent Child Abuse Nevada has resources available for everyone!

Resources are available via our website. Contact us for more information or to request hard copies.

<u>www.preventchildabuseneva</u> <u>da.org</u>

Visit our website