UMC: Dangers of Shaken Baby Syndrome Educational Resources

UMC Children’s Hospital in Southern Nevada has created an informational resources for parents and caretakers, describing the dangers of shaken baby syndrome, the causes of stress that may lead to shaking behaviors, and how parents and caretakers can take steps to keep safe. As well as made available a booklet on child abuse prevention.

Resources from UMC Southern Nevada Youtube Channel

- Shaken Baby Syndrome Informational Video (English)
- Shaken Baby Syndrome Informational Video (Spanish)
- Child abuse Prevention Booklet (English and Spanish)

Save the Date: Step up for Kids 11th Annual Event

Join us to bring families together to support investment issues in children and families throughout Nevada. This event focuses on raising awareness on issues that American children face such as poverty, child abuse, health care, etc.

This is a fun and free event that is occurring throughout the state of Nevada.

Las Vegas: Sunday, September 23rd from 11am to 2pm at Spring Preserves
Reno: Sunday, September 30th from 10am to 2pm at Ferrari Farm

Elko: information coming soon

If you are interested to be a vendor at the event, please fill out this survey [here]!

Stay updated on the event [here]!

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**Nevada Coalition to End Domestic and Sexual Violence Training**

This workshop focuses on engaging with professionals to work with survivors to develop or engage in efforts of prevention on sexual violence. Topics included are prevention, engagement, diversity and inclusion.

**The event is being held:**
August 6, 2018 - Las Vegas
August 7, 2018 - Reno
August 9, 2018 - Elko
August 10, 2018 - Winnemucca

To register or learn more [HERE]!

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**PCA America News and Highlights**

**2018 Kids Count Databook**

The Kids Count databook was released by the Annie E. Casey Foundation. It shows state trends in child’s well being, such as economic well being, health, and other factors. It take a look at the 2020 census and possible discrepancy it may face. This book includes ranking of factors that are key component of child’s well being.

The book can be found [here]!

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**Support for Families that are affected by the trauma of Separation - Document**

More than 2,300 children have been separated from their parents. This resource highlights the steps to minimize the negative effect of this very traumatic experience for children and parents. These are research based guidelines, that is suggested by the Hispanic Research Center.

This resource can be found [here]!
Family Activities and Events

**Southern Nevada Family Events**

**FAMILY NIGHT | Y FAMILY TIME**
Every Friday from August 3-August 30 @ 6:00pm
Any YMCA Location in Southern NV
[More Information Here]

Gilcrease Nature Sanctuary Weekly Storytime
Every Monday from August 6-August 27 @10:00am
Gilcrease Nature Sanctuary
8103 Racel Street,
Las Vegas, NV 89131
[More Information Here]

**Northern Nevada Family Events**

**LAKE TAHOE SHAKESPEARE FESTIVAL**
August 6- September 8 @ 7:30pm
(Mondays and Saturdays)
Sand Harbor State Park
2005 Highway 28
Incline Village, NV
[More Information Here]

Ark at Night
August 11 @ 7:30pm- 9:45pm
Animal Ark
1265 Deerlodge Road
Reno, NV 89508
[More Information Here]

Want to be in the know for future family fun??
[Click here to view more events in your area!]

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**Back To School Fairs**

**Southern Nevada Back to School Fair**

*Cox Back to School Fair*
August 4: Meadow Mall
August 11: Galleria at Sunset Mall
10:00 am to 4:00pm

*Splash Back into School Fair*
August 4: Centennial Hills YMCA
12:00pm to 2:00pm

*Commissioner’s Back to School Fair*
August 8: Walnut Community Center
August 9: Pearson Community Center

**Northern Nevada Back to School Fair**

*Boys and Girls Club : Back to School Party and Health Forum*
August 3: Carano Facility

*Washoe County School District: Back to School Expo*
August 4: Meadowood Mall
5:00pm to 6:30pm  
**Theatre Thursday & Back to School Fair**  
**August 9**  
Charleston Heights Arts Center  
3:00pm to 5:00pm  

**Back to School Party**  
**August 10**  
Durango Hills YMCA Pool  
5:00pm to 8:00pm  

**Back to School Health Resource Fair**  
**August 11**  
3940 N. Martin Luther King Blvd,  
North Las Vegas, NV 89032  
10:00am to 1:00pm  

**Back to School Fair**  
**August 11**  
Doolittle Community Center  
8:00am to 11:00am  

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## Back to School Crafts

### Monster Pencil Poppers

**Materials:**
- Felt – we used two colors per pencil, (approx 3cm x 8cm each)  
- Googly eyes  
- Pencils  
- Scissors  
- Hot Glue Gun

**How To:**
1. Begin by choosing your felt. We liked using two different colors of felt per pencil topper.  
2. Curl your felt around your pencil to determine the width of your felt needed. Ours were approximately 3cm wide and we choose to make them 8cm long.  
3. Cut strips into your felt LENGTH wise, leaving the last 2-3 cm UNCUT.  
4. Glue around your pencil with the hot glue gun.  
5. Cut your second piece of pencil topper felt. This one will be SLIGHTLY wider than the first as it will need to fit around the first layer. Again, approx 3.2cm x 8cm.  
6. Repeat step 3 & 4. I let a bit of the first felt “peep out” below the second piece of felt, so you get to appreciate both chosen colors.  
7. Now add your googly eyes to your pencil topper.  
8. Finally, if you wish, you can a little glue to the inside of the head, to keep the pencil topper from sliding down the pencil.

*Adapted from [here](#)*

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## Tips for Parents!

### Tips for the New School Year

Meet the new teacher.
For kids, one of the biggest back-to-school fears is "Will I like my new teacher?". Take advantage of your school’s open house or back-to-school night. Some teachers welcome phone calls or e-mails.

**Tour the school.**
If your school hosts an open house, be sure to go. Together you can meet their teacher, find their desk, or explore the playground.

**Connect with friends.**
A familiar friend can make all the difference when heading back to school. Refresh these relationships before school starts by scheduling a play date or a school carpool.

**Tool up.**
Obtain the class supply list and take a shopping trip with your child. Having the right tools will help him feel prepared. While keeping basic needs in mind, allow for a couple of splurges like a cool notebook. These simple pleasures make going back to school a lot more fun.

**Chat about today’s events and tomorrow’s plans.**
While it is important to support learning throughout the summer, don’t spend the last weeks of summer vacation reviewing last year’s curriculum. All kids need some down time before school begins.

Adapted from [here](#)!

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### Immunization Awareness Month

The month of August is dedicated to Immunization Awareness Month. The 2018-2019 school year is about to begin and the first step to making sure your child is healthy and safe, is vaccinating them. Infant and children are especially vulnerable to diseases, and can sometimes be life-threatening at times. Whether they are toddler or a teenager, make sure that your child's immunization records are updated. Child care facilities, schools, and colleges are places that disease outbreaks are common, and if your child is not vaccinated, disease can easily spread to other children. Additionally in the state of Nevada, it is required by law, to have your child vaccinate in order to attend school or any child care facilities.

The updated requirements for Vaccines in Nevada can be found [here](#)!

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### Updates on Children's Policies

#### Nevada Policy

**Upcoming Legislative Committee Meetings**

**Thursday, August 9, 2018 @ 9:30 AM:** *Legislative Committee on Education*
- Room 4401 of the Grant Sawyer State Office Building, 555 E. Washington Ave., Las Vegas, NV.
- Videoconferenced to Room 3138 of the Legislative Building, 401 S. Carson St., Carson City, NV.

**Friday, August 24, 2018 @ 9:00 AM:** *Legislative Committee on Child Welfare and Juvenile Justice*
- Room 4401 of the Grant Sawyer State Office Building, 555 E. Washington Ave., Las Vegas, NV.
National Policy

Appropriations Bills Contain Language on ACEs and Trauma

The Committee reports for both the House and Senate Labor-HHS-Ed FY19 spending bills call for the Office of the Surgeon General to report on the connection between adverse childhood experiences (ACEs) and negative long-term health outcomes, including future substance misuse. As a reminder, the Senate HELP Committee’s opioid bill, the Opioid Crisis Response Act (OCRA), also contains provisions acknowledging the role of trauma in substance use disorders and the importance of trauma-informed care. Prevent Child Abuse America will keep monitoring the appropriations process and advocating for inclusion of these provisions in the final package.

The Bipartisan Conversation about Paid Family Leave Continues

On July 19, the Bipartisan Policy Center held an event entitled, “Paid Leave: It’s Time for Serious Bipartisan Consideration.” The panel consisted of Ivanka Trump, Advisor to the President, the White House; Chris Dodd, Former U.S. Senator (D-CT) and Rick Santorum, Former U.S. Senator (R-PA).

Ms. Trump spoke about the difficult choices women are faced with between caring for their children and forgoing a paycheck due to a changing workforce. Additionally, she spoke to the benefits of paid leave, including family cohesion, bonding and maternal health and the need for additional government supports. Though Ms. Trump mentioned that mandates are difficult for small businesses and a national program could help decrease the cost burden, there is no current funding stream for paid leave.

While both Sen. Dodd and Sen. Santorum agreed that the state of the family has changed and the time for paid leave is now, they noted that republicans and democrats differ how to fund such an endeavor. The gentlemen agreed that paid leave should be accessible to all parents, regardless of gender.

First Focus Releases Champions for Children Scorecard

While the budget continues to reflect a disinvestment for children’s programs, 120 legislators are receiving and award from First Focus for their efforts to actively improve the lives of our nation’s children through public policy. Announced last week, the 2017 Champions for Children Scorecard, which examined the first session of the 115th Congress, includes key votes on health-related bills and amendments to tax legislation, including two House votes on the Children’s Health Insurance Program, two Senate votes on child tax credit amendments, and four votes between the two chambers on the Affordable Care Act. To view the scorecard, go here.

Finally, click here to read The Child Welfare League of America’s weekly newsletter.

Adapted from: PCA America Public Policy Newsletter