



# Prevent Child Abuse Nevada™



## September 2018 Newsletter

---

### QUICK LINKS:

[PCANV Homepage](#)  
[Statewide Resource Map](#)  
[Free Community Trainings](#)  
[Statewide Events Calendar](#)  
[PCA America](#)

*Be our friend on  
Social Media!*



The **Mission of Prevent Child Abuse Nevada** is to ensure that Nevada's children thrive in safe, stable, and nurturing environments and relationships.

Through providing education, advocacy, and awareness, PCA NV aims to inspire communities to prevent all forms of child maltreatment.

---

## PCA Nevada News & Highlights

---

### Step up for Kids 11th Annual Event

Join us to bring families together to support issues that involved children and families throughout Nevada. This event focuses on raising awareness on issues that American children face such as poverty, child abuse, health care, etc.

You are invited to join us at this fun and free event that is occurring throughout the state of Nevada.

Las Vegas: Sunday, September 23rd from 11am to 2pm at Springs Preserve

Reno: Sunday, September 30th from 10am to 2pm at Ferrari Farm

Elko information coming soon



Stay updated on the event [here!](#)

---

### Nevada Coalition to End Domestic and Sexual Violence Annual Conference

Over the past year, incidents of sexual violence have captured the attention of people across the country.

Join advocates, allies, survivors and all Nevadans to discuss how we move beyond #MeToo and utilize this unprecedented momentum to enact cultural change in our communities.

Date: September 24-26, 2018  
Venue: Golden Nugget Las Vegas



**Registration is still open!**

[For More Information Click Here!](#)

---

## PCA America News and Highlights

---

### Video Blog: The Economic Burden of Child Sexual Abuse

In a recent video blog, Dr. Bart Klika described a study done that examined economic burden and its link to child abuse and child neglect. He also compared this study to a recent study completed in John Hopkins University.

[Examining the Economic Burden of Child Sexual Abuse](#)



The video can be found [here!](#)

---

## Family Activities and Events

---



### **Southern Nevada** **Family Events**

**World Beat Community Drum Circle**  
**Sept. 16 @ 3pm - 4:15pm**  
[Summerlin Library](#)  
1771 Inner Circle Dr.  
Las Vegas, Nv 89134  
[More Information Here](#)

**Sonia De Los Santos**  
**Sept. 20 @ 4pm - 5pm**  
[Mesquite Library](#)  
160 W. First North St.  
Mesquite, NV 89027  
[More Information Here](#)



### **Northern Nevada Family** **Events**

**Day for Kids**  
**Sept. 15 @ 11am - 2pm**  
[Reno High School - Foster Field](#)  
395 Booth St  
Reno, NV, 89509  
[More Information Here](#)

**Movie Marathon: Ready Player One**  
**Sept. 29 @ 11am - 12:30pm**  
[Sparks Library](#)  
1125 12th St  
Sparks, NV 89431  
[More Information Here](#)

**Healthy Kids Festival**  
**Sept. 29 @ 9:30am - 2pm**  
Pearson Community Center  
1625 W Carey Ave,  
North Las Vegas, NV 89032  
[More Information Here](#)

**Movie Night: Peter Rabbit**  
**Sept. 14 @ 6pm - 8pm**  
Incline Village Library  
845 Alder Ave,  
Incline Village, NV 89451  
[More Information Here](#)

**Want to be in the know for future family fun??**  
PCA Nevada has **MORE** family friendly events on our website!  
[Click here to view more events in your area!](#)

---

## Arts and Craft Activity

---



### Coffee Filter Apple Art

#### Materials:

- Coffee filter (1 per apple)
- Red/ yellow/ green markers
- Spray water bottle
- Construction paper apple template ([Click here for example](#))
- glue

#### How To:

1. Have your apple template ready - Precut large apple templates, fold them in half and cut out the middle.
2. Have child color coffee filter using all 3 colors - the more are the color the more vibrant your colors will be.
3. Using your spray water bottle, spray water directly onto the coffee filter. Try not to over spray the filter - a little water goes a long way with this. Observe your colors mixing with each other.
4. Let coffee filter dry - this doesn't take too long since they are thin.
5. Glue coffee filter to back of apple template.
6. Check out your fab apple art and proudly display it.

Adapted from [here!](#)

---

## Tips for Parents!

---

### Tips for Parents in the Digital Age

**Create Tech-Free Zones** - Keep family mealtimes, other family and social gatherings, and children's bedrooms screen free. Recharge devices overnight—outside your child's bedroom to help him or her avoid the temptation to use them when they should be sleeping. These changes encourage more family time, healthier eating habits, and better sleep.



**Set limits and encourage playtime** - Media use, like all other activities, should have reasonable limits. Unstructured and offline play stimulates creativity. Make unplugged playtime a daily priority especially for very young children.

**Don't use technology as an emotional pacifier** - Media can be very effective in keeping kids calm and quiet, but it should be the only way they learn to calm down. Children need to be taught how to identify and handle strong emotions, come up with activities to manage boredom, or calm down through breathing, talking about ways to solve the problem and finding other strategies for channeling emotion.

**Remember: Kids will be kids** - Kids will make mistake using media. Try to handle errors with empathy and turn a mistake into a teachable moment. Some indiscretion, such as sexting, bullying, or posting self-harm images, may be a red flag that hints at trouble ahead. Parents must observe carefully their children's behaviors and, if needed, enlist supportive professional help, including the family pediatrician.

Adapted from [here!](#)

---

## Updates on Children's Policies

---

### Nevada Policy

#### Make sure you are Ready to VOTE!

The 2018 general election is just around the corner! Make sure to prepare yourself to vote by registering and marking the election dates on your calendar. Make sure to research your candidates, please look at the resources below to know where your candidate stands on the issues that matter most to you. Check out your candidate [HERE](#).

**Early Voting is Now Available:** October 20, 2018 through November 2, 2018

**General Election:** November 6, 2018

Important Resource regarding election: [CLICK HERE](#)



---

### National Policy

#### Comments to the Federal Government on Family First Prevention Services Act (FFPSA)

The U.S. HHS Secretary recently released a Notice of Rulemaking regarding the development of a clearinghouse of evidence-based programs and potential candidate programs under Family First. July 22 was the deadline to submit public comments on their approach to identifying evidence-based practices which are eligible for Title IV-E reimbursement under the Family First Prevention Services Act. Prevent Child Abuse America submitted comments on specific domains where we have experience and expertise and a recommendation to include evidence-based home visiting programs, such as

Healthy Families America, as an eligible program. We strongly encouraged HHS to consider a broad range of programs within these categories, balancing prevention and treatment, to provide states maximum flexibility to select programs and services that meet the needs of children and families. We recommended being inclusive of interventions delivered to individuals, families, and in community settings. Also, a comprehensive system of care for improving outcomes for children and family's needs to include strategies that coordinate resources across the entire continuum, from primary to secondary to tertiary prevention.

**Adapted from:** PCA America Public Policy Newsletter

---

**Prevent Child Abuse Nevada  
Nevada Institute for Children's  
Research & Policy**

*University of Nevada, Las Vegas  
4505 S. Maryland Parkway,  
Box 453030  
Las Vegas, NV 89154-3030*

**Phone:** [702.895.5053](tel:702.895.5053) **Fax:** [702.895.2657](tel:702.895.2657)  
**Email:** [preventchildabusenevada@unlv.edu](mailto:preventchildabusenevada@unlv.edu)

**PCANV Resources**

Prevent Child Abuse Nevada has resources available for everyone!

Resources are available via our website. Contact us for more information or to request hard copies.

[www.preventchildabusenevada.org](http://www.preventchildabusenevada.org)

---

[Visit our website](http://www.preventchildabusenevada.org)