



# Prevent Child Abuse Nevada™



August 2016 Newsletter

## In This Issue

[Immunizations!](#)

[Back to School Tips](#)

[Calling All Super Heroes!](#)

[Step Up for Kids](#)

[Back to School Fairs](#)

## Join Our Groups!



NICRP Newsletter



## Quick Links

[Partner With Us](#)

[Volunteer](#)

[More On Us](#)

[Statewide Events Calendar](#)

## PCANV Highlights

## PCANV News

### Be a Super Hero for Kids Family Event



September 3rd, 11:00am-1:30pm

This event is free, kid-friendly, and open to the public!

Bring the whole family to the Downtown Container Park  
for a fun-filled Event!

Either come dressed as a super hero or  
make a costume at the event!

- ~ Get your face painted!
- ~ Meet and Greet with real Super Heroes!
- ~ Go on a Scavenger Hunt!
- ~ Make a cape and super hero mask!
- ~ Family costume contests!

## Save the Date!

**The Child Abuse Prevention and Safety Conference is returning to Southern Nevada in 2017!**

### Save the Date!

**Thursday, June 8th, 2017**  
**Henderson Convention Center**

**More info coming soon!**

## National Immunization Awareness Month



[National Immunization Awareness Month](#) (NIAM) is an annual observance held in August to highlight the importance of vaccination for people of all ages. [\\*CDC\\*](#)

**School is almost back in session, are your children's vaccinations up to date?**

Any child entering a new Nevada school district (transfers and children of age entering the school district) are required to have up to date shots.

Take a look at the link below for more information regarding what vaccinations your children need to have before entering school in Nevada.

[Nevada Vaccination Laws and Requirements](#)

If you don't have a regular healthcare provider, don't worry. The Nevada Vaccines for Children Program helps provide vaccines to children whose parents or guardians may not be able to afford them. Visit the [VFC Provider locator](#) to find a location near you.

Visit [Immunize Nevada](#) to find information on what state resources are available to get your children vaccinated. They are part of the Back To School Immunization Campaign and have clinics available statewide for children to receive their vaccines.

- ~ Get information about resources available in the Las Vegas Valley!
- ~ Get information about the upcoming election!

**[\\*View the Flyer\\*](#)**  
[Eng/Span](#)

For more info or questions:  
Contact 702-895-5053 or  
[preventchildabusenevada@unlv.edu](mailto:preventchildabusenevada@unlv.edu)

## Step Up for Kids

Each year "[Step Up for Kids](#)" brings thousands together nationwide to show widespread support for investments in children and families. These non-partisan events across the nation raise awareness among voters and political candidates about issues American children face, among them access to early care and learning, after-school programs, poverty, child abuse and neglect and access to quality health care. The idea of the initiative is to educate those in attendance about these serious challenges across the country and how it is important that our community and our government continue to invest in children.



**Step up for Kids events will be held all across Nevada and we need YOUR help.**

Volunteer, have an informational table for your organization, join a planning committee, or be a co-supporter!  
[If you would like to get involved, click here](#)

**Join us in celebrating Nevada Children's Day at the 9th Annual Step Up For Kids in Southern Nevada!**

**When:**

Monday, September 28, 2016  
3:00PM-7:30PM

**Where:**

Las Vegas Springs Preserve  
333 S Valley View Blvd  
Las Vegas, NV 89107

[See the Flyer Here Eng/Span](#)

**Celebrate Step Up for Kids in Reno & Carson City!**

**Where:**

**Reno** - Tool House Pumpkin Patch  
**Carson City** - The Children's Museum of Northern Nevada

*\*More details coming soon!*

**\*Details on Step Up for Kids Day Events in Elko are COMING SOON!\***



For more info or questions:  
Contact Mirzah @ 702-895-1040 or mirzah.trejo@unlv.edu  
Or [Visit our website!](#)

## Fun Ideas for Families

### PCA America Highlights

#### The President, The Campaign, and the Politics of Children



*"For the past twelve months, we have all been inundated with news about the presidential campaigns. We have heard various speeches and promises made by the men and women vying to become our next president. Now that*

*the party conventions are around the corner, we know who the top two candidates are. What we don't yet know is how issues facing children and families fit into the policy platform of each candidate. But whether Hillary Clinton or Donald Trump wins in November, we hope that they will champion the same policies and programs that we have spent all year fighting for."*

[Read the complete article Here!](#)

### Parenting Tips for 2016

#### 7 Essential Back 2 School Tips!



New school supplies, haircuts, and special end-of-summer outings all play into the

back-to-school routine. Take a look below at a few ways to get this year off to a great start in your house.

1. Set up a bedtime and wake-up routine in advance. If possible, it's

#### Back to School Fairs!



The kids are going back to school soon! Visit one of the below back to school fairs to help them get excited!

##### Las Vegas:

[B2S Fair & Movie](#) - Aug 5 - 6:00pm  
Centennial Hills Park Amphitheatre,  
7101 N. Buffalo Drive at Deer Springs Way.

[B2S Fair & Movie](#) - Aug 12 - 7:00pm  
Durango Hills Community Center/YMCA  
3521 N. Durango Drive.

[B2S Fair](#) - Aug 13 - 10:00am to 2:00pm  
Elk Lodge  
4100 W Charleston Blvd

B2S Fair - Aug 13 - 8:00am-11:00am  
Lorenzi Park  
3343 W Washington Ave

##### [COX Back 2 School Fairs](#) - 10:00am-4:00pm

Aug 6 - Galleria at Sunset

Aug 13 - Meadows Mall

Aug 20 - Boulevard Mall

Aug 27 - Downtown Summerlin Mall

##### Northern Nevada:

[B2S Health & Safety Fair](#) - Aug 6 - 10:00am to 2:00pm

Boys & Girls Club Pennington Facility,

1300 Foster Drive, Reno

[B2S Fair](#) - Aug 8 - 10:00am-4:00pm

Outlets at Legends

1310 Scheels Dr., Sparks



[B2S & Health Fair](#) - Aug 20- 10:00am to 1:00pm

Lattin Farms

1955 McLean Road, Fallon

best to establish bedtimes and wake-up times two weeks in advance of the start of school.

### 2. Get to know new teachers.

Try to find a few minutes before or after school to connect one-on-one with the teachers. At the very least, send an introductory email that includes how you can help during the school year, however big or small.

### 3. Plan healthy lunches and snacks.

When you pack protein-rich snacks and lunches, balanced with fruits, vegetables, and other wholesome items, you ensure that your children will have the energy and brainpower to make it through their school days.

**4. Organize clothing.** Of course you will need to donate or otherwise get rid of the clothing that your kids have outgrown, but you should also take the time to carefully organize what is left to decide what they may need more of.

**5. Update medical records.** Make sure teachers and administrators have a complete list of any medical concerns regarding your kids, including allergies. You will also want to be sure that all emergency contacts are up to date.

**6. Talk to your kids about bullying.** Research shows that one in three kids experiences bullying at some point in their school career-and in the increasingly digital world, the consequences can be extreme. Make sure your kids understand the right way to treat their peers, and when to speak up if they see someone else being bullied. Also make sure they know when to come to you if they feel they are being bullied.

**7. Ask your kids about their concerns.** The start of school is exciting, but can also bring some anxiety-especially when it comes to the unknown. Take a few minutes to ask your kids what they are most looking forward to during the school year, and what things may be worrying them. By giving them a forum to express their concerns, you can help them work through any worries in advance of school starting and clear up any issues that could lead to a bumpy start to the year.

*\*adapted from [sparkpe.org](http://sparkpe.org)*

## PCA NV Resources

## Door Hanger Craft

**Let the children have a little fun before returning to school!**

**Make a door hanger together so that your child can let everyone know when to use quiet voices so he or she can concentrate on homework when school starts!**

What you will need:

- 1 piece of cardstock paper
- Craft markers
- Hole punch
- String
- Scissors

What to do:

1. Cut a square from the piece of cardstock paper.
2. Write "Shhh... I'm doing my homework!" on one side.
3. With a single hole punch, punch two holes near the top.
4. Cut three pieces of string and carefully string them through one hole, securing it with a double knot.
5. Braid the three pieces of string and then carefully string the pieces through the second hole, securing it with a double knot.



*\*adapted from [SheKnows](http://SheKnows)*

## Policy Updates

### Nevada Policy Updates

The Nevada Institute for Children's Research & Policy and the Children's Advocacy Alliance welcome you to join them as they release their 2016 Nevada Children's Report Card and 2017 Legislative Briefing Book!

Las Vegas

Tuesday, September 13th, 8am

Reno

Wednesday, September 14th, 8am

*\*Location Information to follow*

---

**General Election is on November 8, 2016!**

**Are you registered to VOTE?**

Online voter registration is now available for residents of all Nevada counties.

Eligible voters can register to vote and update their voter registration information online, including change of address and party affiliation. A DMV issued Driver's License or ID is required.



Prevent Child Abuse Nevada has resources and trainings available to parents, educators and our partners. These resources are available digitally via our website at

[www.preventchildabusenevada.org](http://www.preventchildabusenevada.org)

For more information or to request materials or trainings, you may contact us at 702-895-5053 or by emailing us at [preventchildabusenevada@unlv.edu](mailto:preventchildabusenevada@unlv.edu).

[Click Here For All The Information](#)

All counties now offer online registration but if you prefer to register using the Fillable Voter Registration Form, click the link above to find the form!

## National Policy Updates

### Family First Prevention Services Act

*The House and Senate are on a seven-week summer recess, both Chambers will return on September 6 following the Labor Day weekend. The Senate adjourned early for the seven week recess, which was originally scheduled to begin Monday, July 18. Unfortunately, the Family First Prevention Services Act (S. 5654) did not pass the Senate before Congress adjournment despite strong leadership from Senate Finance Committee Chairman Orrin Hatch (R-UT) and Senate Finance Committee Ranking Member Ron Wyden (D-OR). There is strong resolve from Senators Hatch and Wyden, advocates and others to pass H.R. 5456/S. 5654 when the Senate returns in September. Senator Wyden released a statement stating that the Senate "can and must" pass H.R. 5456 and stressed how important this legislation is to vulnerable children and families. There has been tremendous progress made moving this historic reform forward and you can help to shore up support for this important legislation with your Members of Congress during break in district.*



**Prevent Child Abuse Nevada**  
**Nevada Institute for Children's Research and Policy**  
**University of Las Vegas, Nevada**  
**4505 S. Maryland Parkway, Box 453030**  
**Las Vegas, NV 89154-3030**  
**Phone: 702.895.5053 Fax: 702.895.2657**  
[preventchildabusenevada.org](http://preventchildabusenevada.org)